

## **BEST PRACTICES**

### **Best practice-1:**

**Title: Blood donation**

#### **Objectives**

1. Motivating the young minds about their voluntary actions that saves the life of a person.
2. To create awareness about blood donation at crucial times.

**Context: Blood is the most precious gift that a person can give to another person.**

Today the need for blood is increasing every moment in the society. Mainly it is required during emergency situations like surgeries, accidents, in the treatment of cancer and so on. The voluntary blood donation is a great human activity which expenses their concern towards the lives of others who are in need. In this fast growing world and the way of life regular voluntary blood donors are needed in large numbers to donate their blood. It is a great humanitarian service for the society.

#### **Practice**

Our institute is encouraging the voluntary blood donation camps since 13 years. Students enroll their names enthusiastically to donate the blood. Our college Red Cross Society with the collaboration of S.S. Institute of Medical Sciences and Research Cente, Davangere carryout this work together by propagating the awareness to the donors. The NSS and NCC units make all the arrangements for this purpose and record the names of the donors every year. This blood is preserved in SSIMS & RI, Davangere and finally used for the needy. Certificates will be distributed to the donors. This kind of healthy practice motivates the other students.

#### **Evidence of success**

Our teachers and non-teaching staff also donate the blood. They are the role models for our students. This kind of practice encourages the students to come

forward and donate their blood. The needy persons come and approach our college authorities also if they are in need of the blood.

### **Problems encountered**

Many students do not have the basic or clear thought about the importance and use of blood donations. They have their own pre-conceived myths and misconceptions. They were guided properly by a team of doctors and teachers about blood donation and its uses like- if a person donates the blood it reduces the risk of heart attack and cancer, helps to burn calories and in weight loss for the obsessed persons, maintain iron level in blood finally stimulates blood cell production. Thus a positive environment is created to spread the value of blood donation.

## **BEST PRACTICE 2**

### **TITLE: EXTENSION ACTIVITIES THROUGH LEADERS ACCELERATING DEVELOPMENT CELL (LEAD)**

In collaboration with Deshpande Foundation, Hubli from 20.07.2011

#### **Objectives**

1. Motivating the students to maintain right attitude to serve the society.
2. Mainly to serve the rural people.

#### **Context**

The vision of our college aims at providing value based education ensuring complete development of human potentials ever in the service of mankind. The extension activities serve as one of the best means to develop leadership and thereby fixing up the responsibilities which are socially significant. These activities also help to develop certain skills such as communicative skills, interpersonal relations, convincing the unwilling to budge, cultivating values etc. It is an important responsibility of the institution to channelize the youth energy for constructive purposes and make them involve actively in society useful activities. In this context, the institution felt that it is necessary to make use of the human resource of the college for social development.

#### **Activities**

The important activities include periodical visits to rural areas; help the needy, awareness programmes regarding cleanliness, ecofriendly environment, making use of medicinal plants, flood relief, save trees, save water.

1. Awareness about dengue fever.
2. Donating books to dropout students to continue their studies.
3. Awareness about wearing helmets.
4. Awareness about not to use plastic and burning of plastic.

#### **Evidence of success**

1. Increase in enrolment of students to this cell.
2. Oral feedback from local community.

3. Award from Deshpande Foundation, Hubli for both the institution and the coordinator.

**Problems encountered**

The resources (financial or otherwise) were generated by the institution and various stake holders to attain the target

  
PRINCIPAL  
D. R. M. Science College  
DAVANGERE-577004.